

# Top 10 Worst Ways to Practice

- 1). Start from the beginning and fumble through to the end.
- 2). Repeat step #1.
- 3) Continue to repeat step #1 while growing tired of making the same mistakes in the same places over and over again.
- 4) Make mistakes and correct or continue without making mental notes of where or why they occurred.
- 5) Repeat step #4, and probably while repeating steps #1, 2 & 3.
- 6) Practice the parts you can already play, and neglect the ones you can't.
- 7) Repeat step #6, probably while also repeating steps #1-5.
- 8) Play the piece too fast – way before it's ready to speed up.
- 9) Ignore all those finger numbers above and below the notes.
- 10) Last minute cram sessions right before your lesson.